

# CHOICES IN COMMUTER EXPOSURE TO INHALABLE PARTICULATES

*Teresa Moreno*

# How much of your life do you spend commuting?



WAPO.ST/**WONKBLOG**

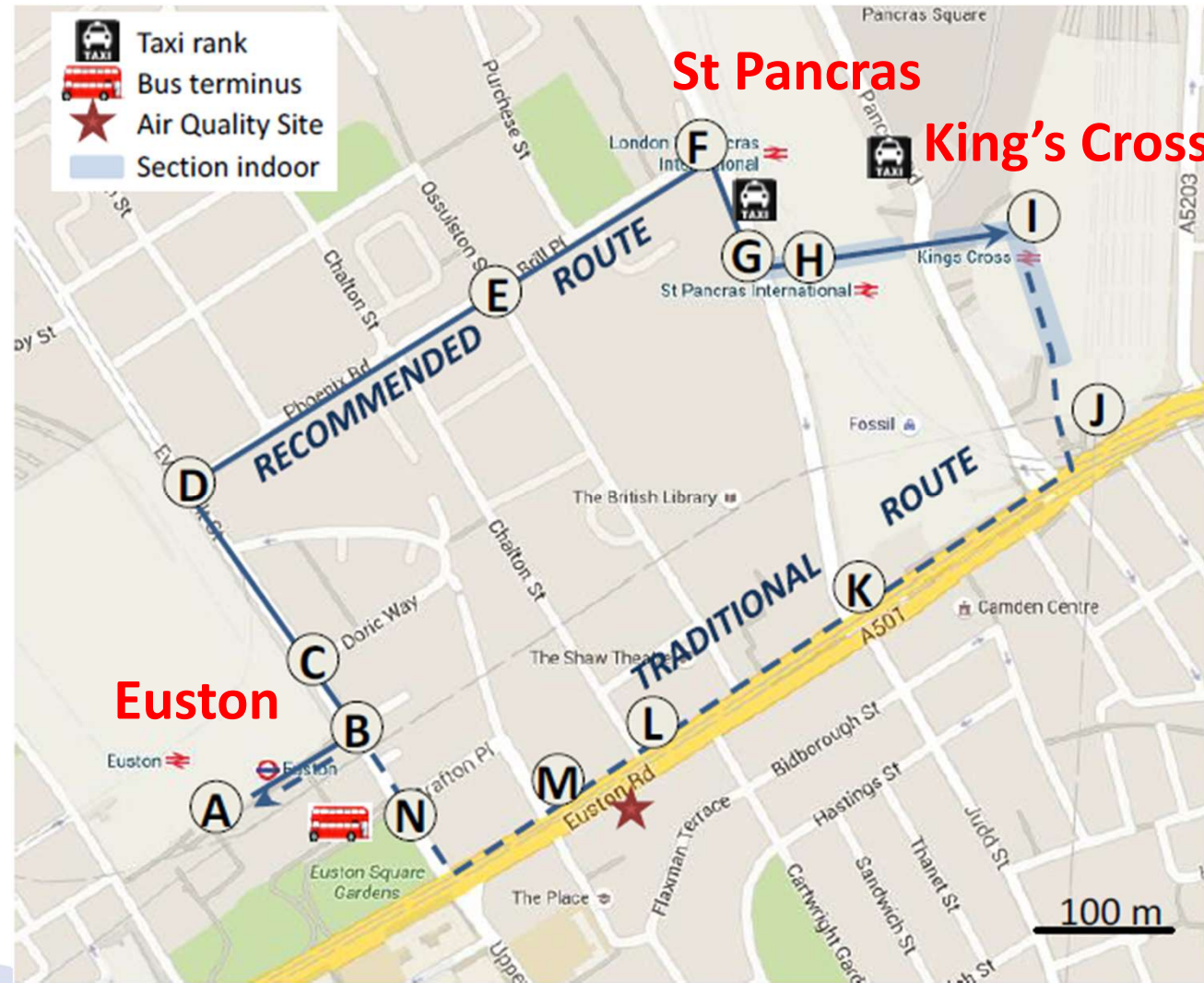
Source: Wonkblog analysis

Assumes a person commuting to and from work five days a week for 50 weeks in a year.

If your one-way commute takes around half an hour, then in one year you will spend around ten days respiring in your chosen commuting environment ..that is, around one year of your working lifetime.

In terms of air quality and personal exposure our commuting choices matter

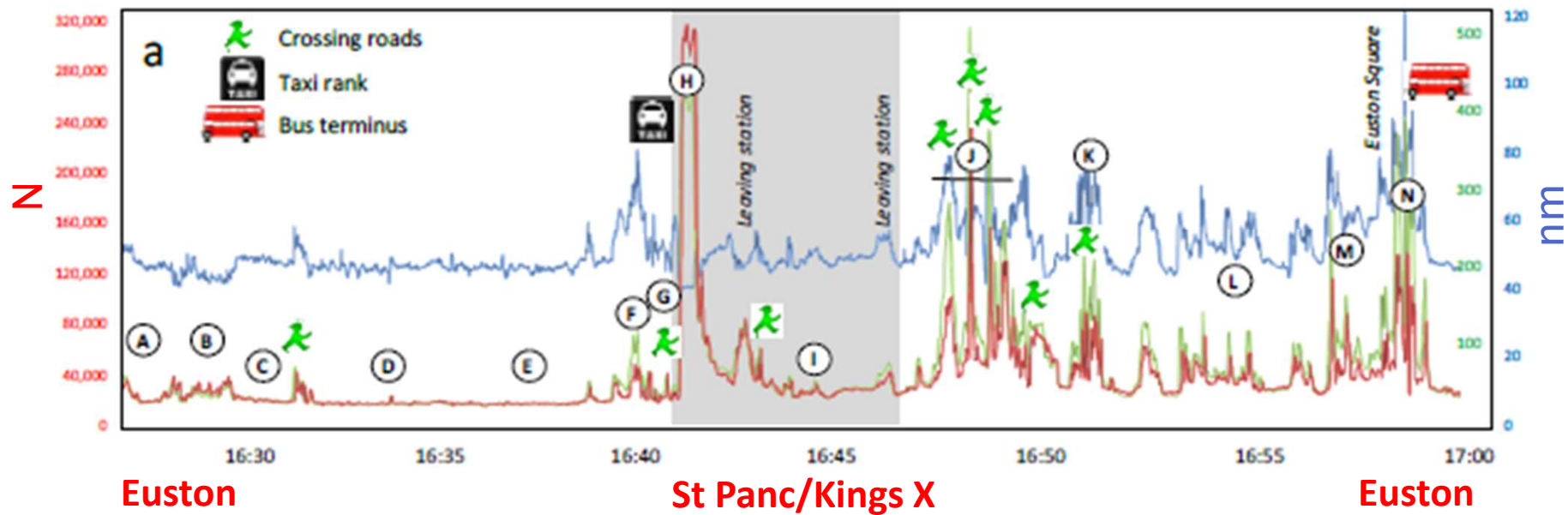
A simple example: The Euston-St Pancras-Kings Cross “Wellbeing Walk”



URBAN PARTNERS  
FOR KINGS CROSS  
EUSTON &  
ST PANCRAS



15 minutes one way (5 days/year)



**URBAN PARTNERS  
FOR KINGS CROSS  
EUSTON &  
ST PANCRAS**



	<u>Wellbeing backstreet</u> <u>walking route</u>			<u>Euston Road</u> <u>“traditional” route</u>		
N= 6 trips	Average	SD	Median	Average	SD	Median
N (pt/cm <sup>3</sup> )	26301	3693	24003	42021	7702	43842
Mode (nm)	34	4	31	41	7	40
LDSA (µm <sup>2</sup> /cm <sup>3</sup> )	47	13	43	90	13	90

- Exposure of pedestrians to UFP is greatly reduced by choosing the Wellbeing Walk.
- Most UFP lie within the size range 25-50nm from vehicle exhaust emissions.
- N concentrations at road crossings are punctuated by extreme transient peaks <20nm.
- City initiatives such as Wellbeing Walk are to be encouraged.

Public awareness about commuter choice and air quality is enhanced by such initiatives

URBAN PARTNERS  
FOR KINGS CROSS  
EUSTON &  
ST PANCRAS



# THE BARCELONA COMMUTING AIR QUALITY EXPERIMENT

## A comparison of commuting routes by bus, subway, tram and walking

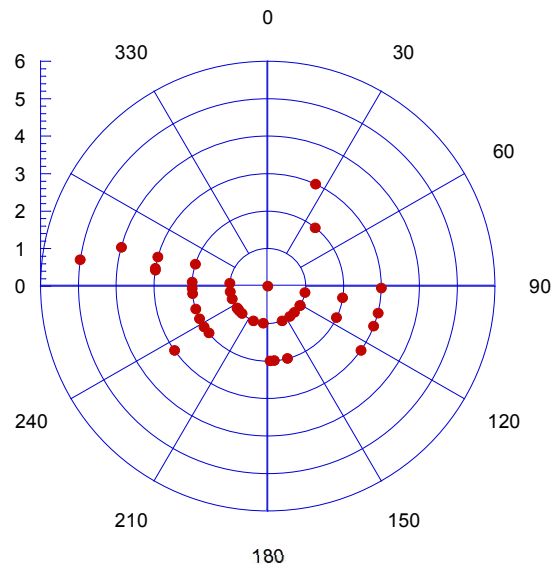
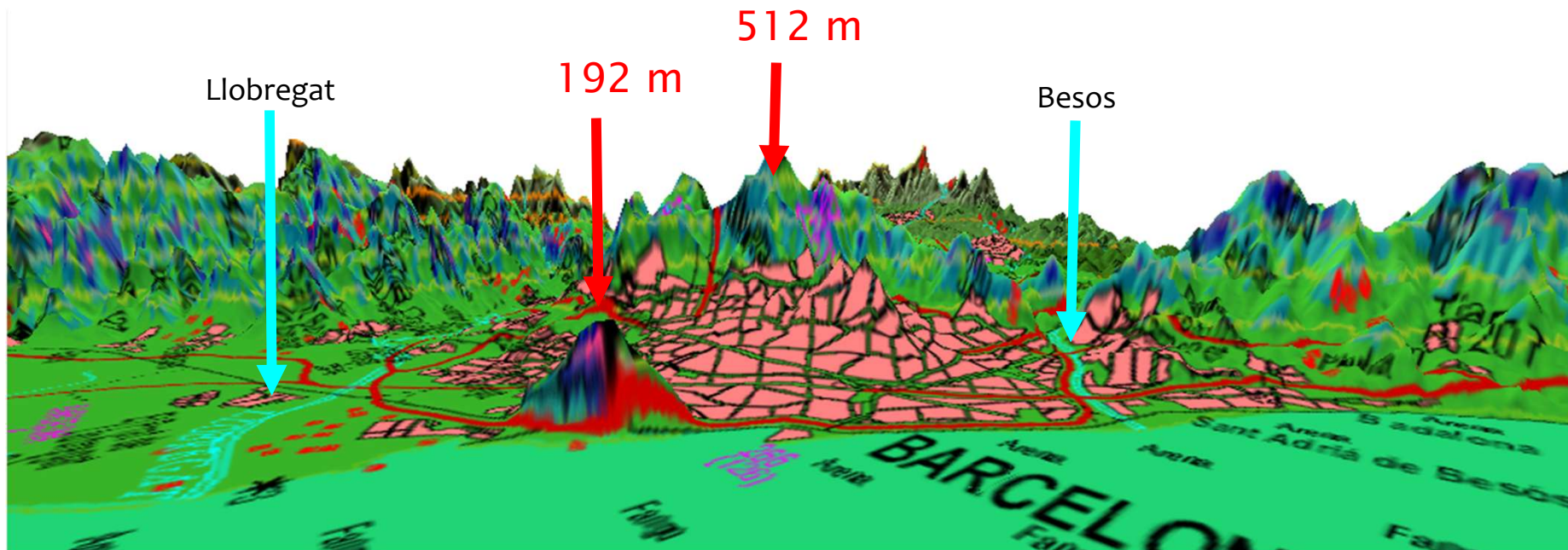


IDAEA-CSIC

CITY CENTRE

- We measured urban air quality experienced during travel on different forms of public transport and walking in the city.
- The study continuously tracks and compares not only PM mass and particle number during each journey, but also Black Carbon, Carbon Monoxide, Carbon Dioxide and chemical composition of the finer material inhaled (PM<sub>2.5</sub>).
- We used continuously measuring portable equipments carried by two commuters making journeys through the city, with the same start and end point, and at the same time but using different transport modes (bus, subway, tram and walking).
- The commuter pairs began their journey together but took different routes through the city. The commute chosen was 8.4 to 9 km long from the suburban area of the *IDAEA-CSIC Institute* to the metro stop on *Rambla de Catalunya* in the city centre.

## CHOICES IN COMMUTER EXPOSURE

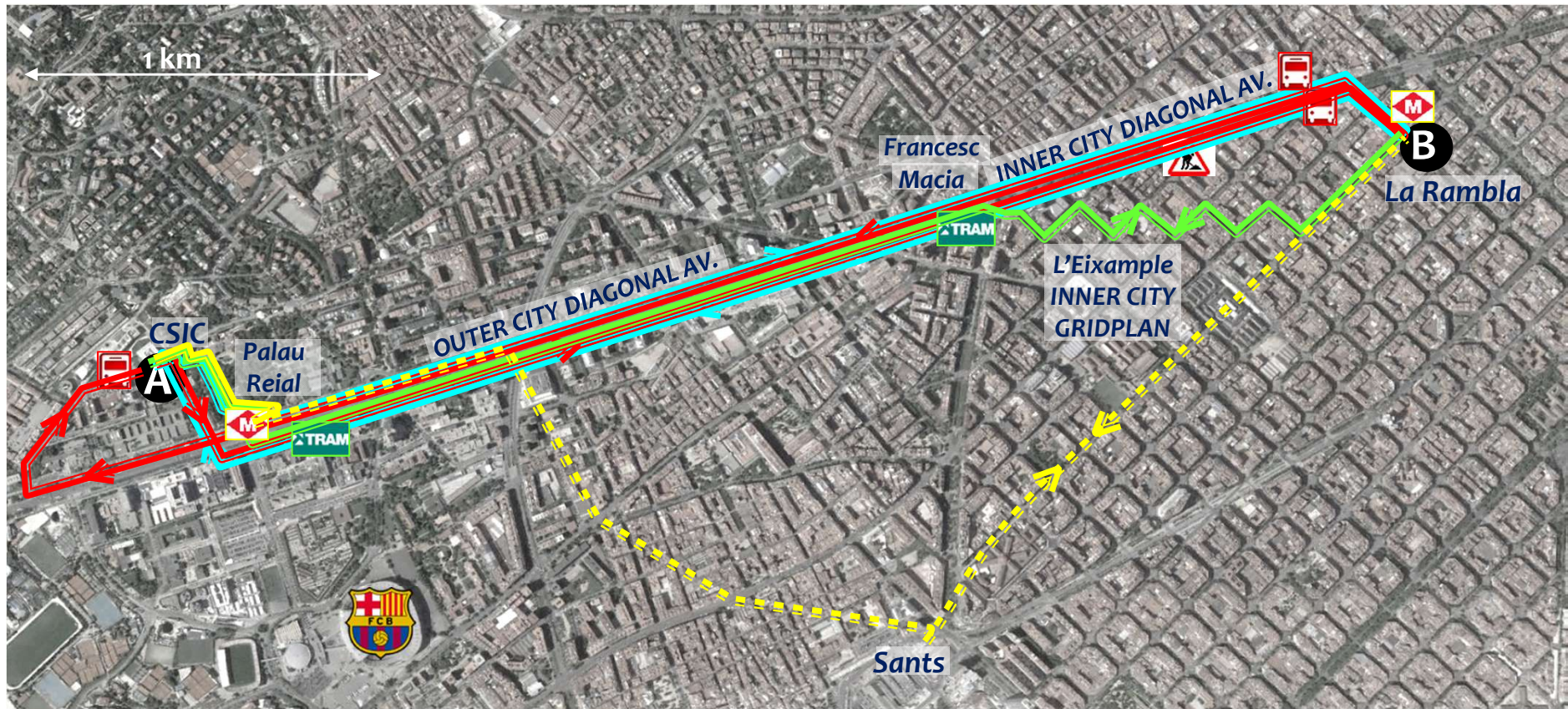


	T (°C)	Humidity (%)	Wind velocity (m/s)	Rain (mm)	Press. (hPa)
<b>October</b>					
Average	23.9	64	1.8	0.0	1006
Max	26.8	80	3.3	0.0	1015
Min	19.9	31	0.5	0.0	998

	T (°C)	Humidity (%)	Wind velocity (m/s)	Rain (mm)	Press. (hPa)
<b>November</b>					
Average	17.6	71	2.1	0.6	1000
Max	21.5	96	5.2	12.6	1011
Min	13.7	49	0.5	0.0	985



## CHOICES IN COMMUTER EXPOSURE



- Walking
- Bus
- Tram + walking
- - - Metro



5. PM<sub>2,5</sub> sampler chemistry



1. PM concentrations



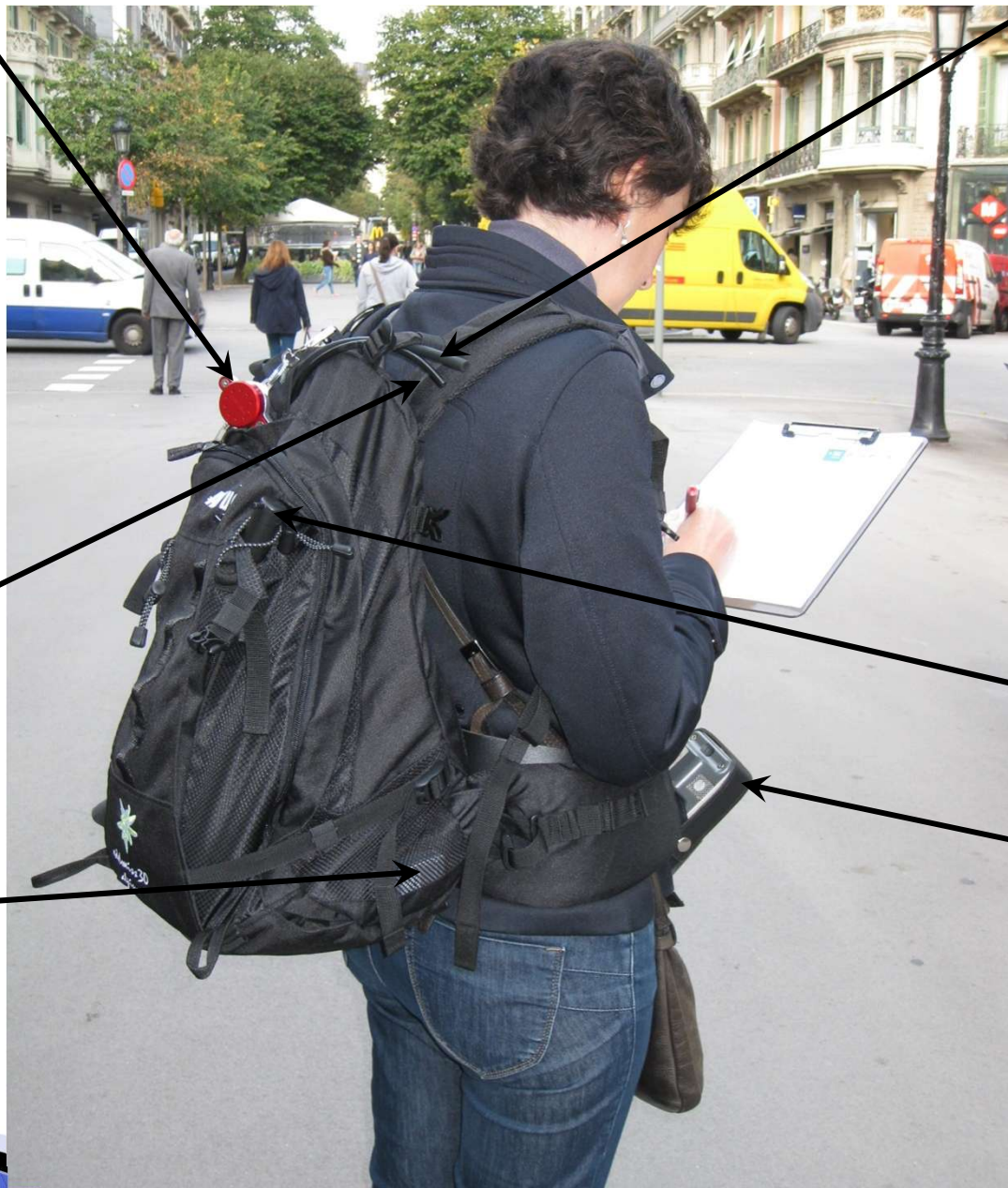
3. Black carbon



4. CO, CO<sub>2</sub>, Temp, RH.

2. Nanoparticles number

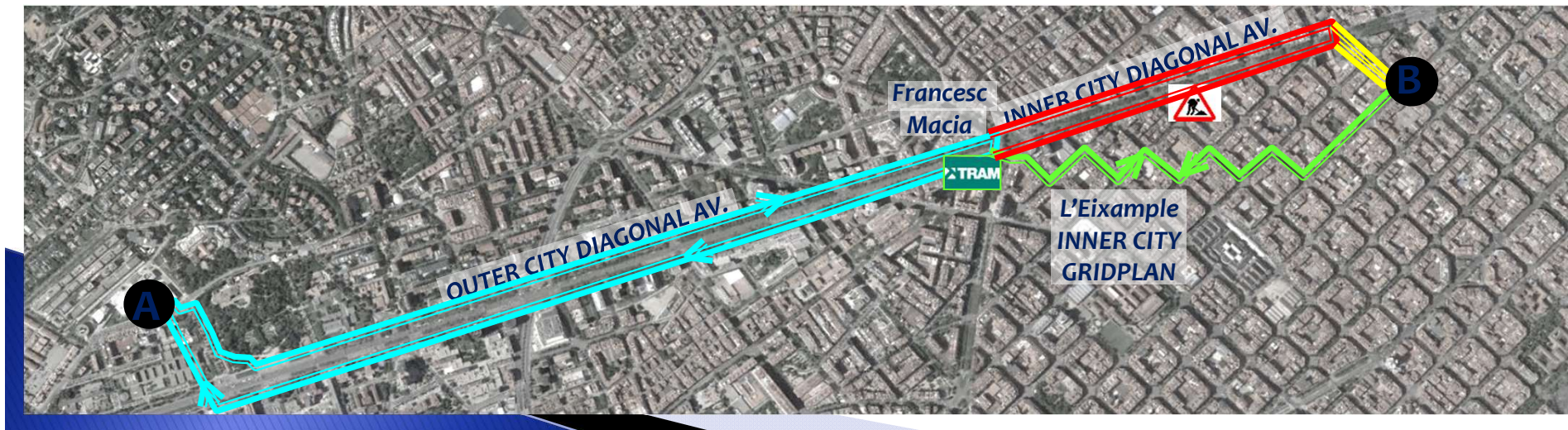
6. GPS



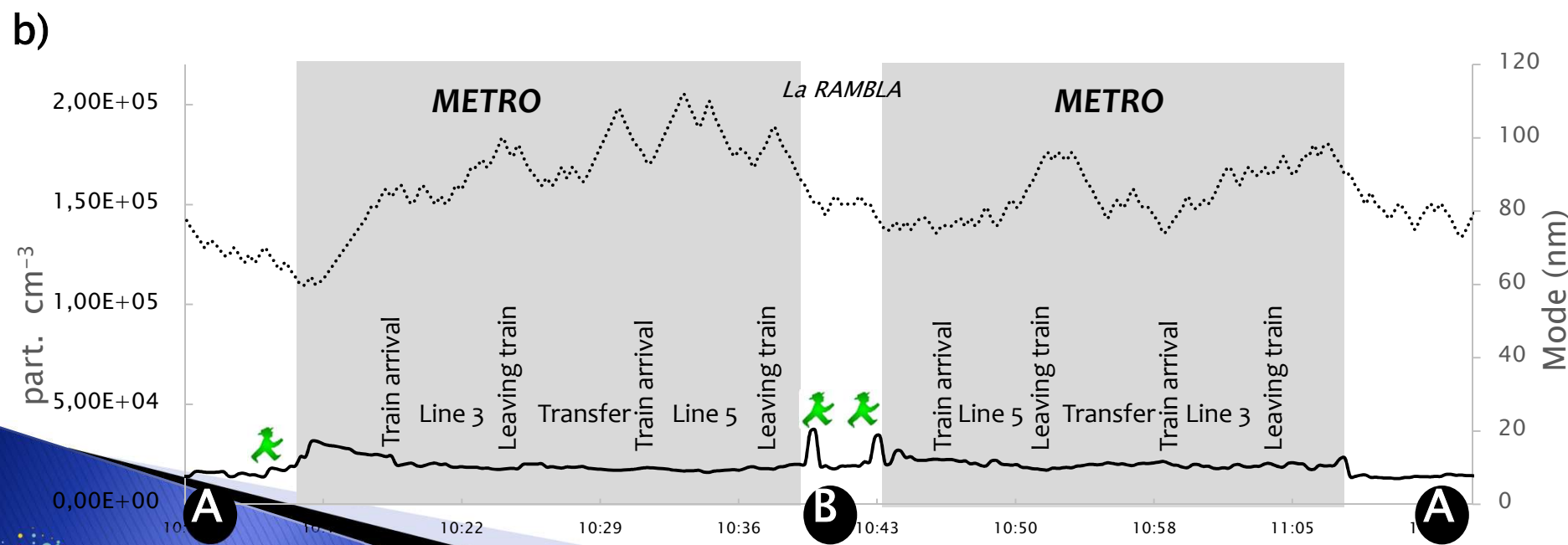
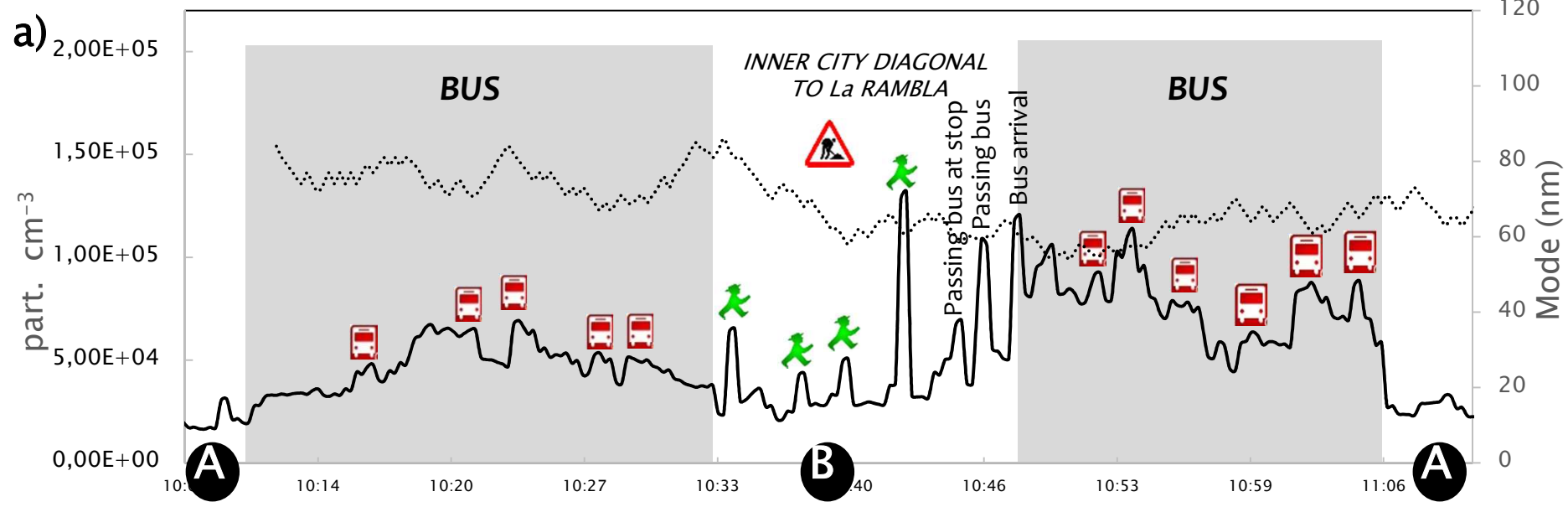
# VALUES FOR EACH TYPE OF TRANSPORT

	METRO			TRAM			BUS		
	Mean	St. dev	Median	Mean	St. dev	Median	Mean	St. dev	Median
N (part. cm <sup>-3</sup> )	2.3 x 10 <sup>4</sup>	0.4 x 10 <sup>4</sup>	2.1 x 10 <sup>4</sup>	3 x 10 <sup>4</sup>	1 x 10 <sup>4</sup>	2.8 x 10 <sup>4</sup>	<b>5.4 x 10<sup>4</sup></b>	1.6 x 10 <sup>4</sup>	4.6 x 10 <sup>4</sup>

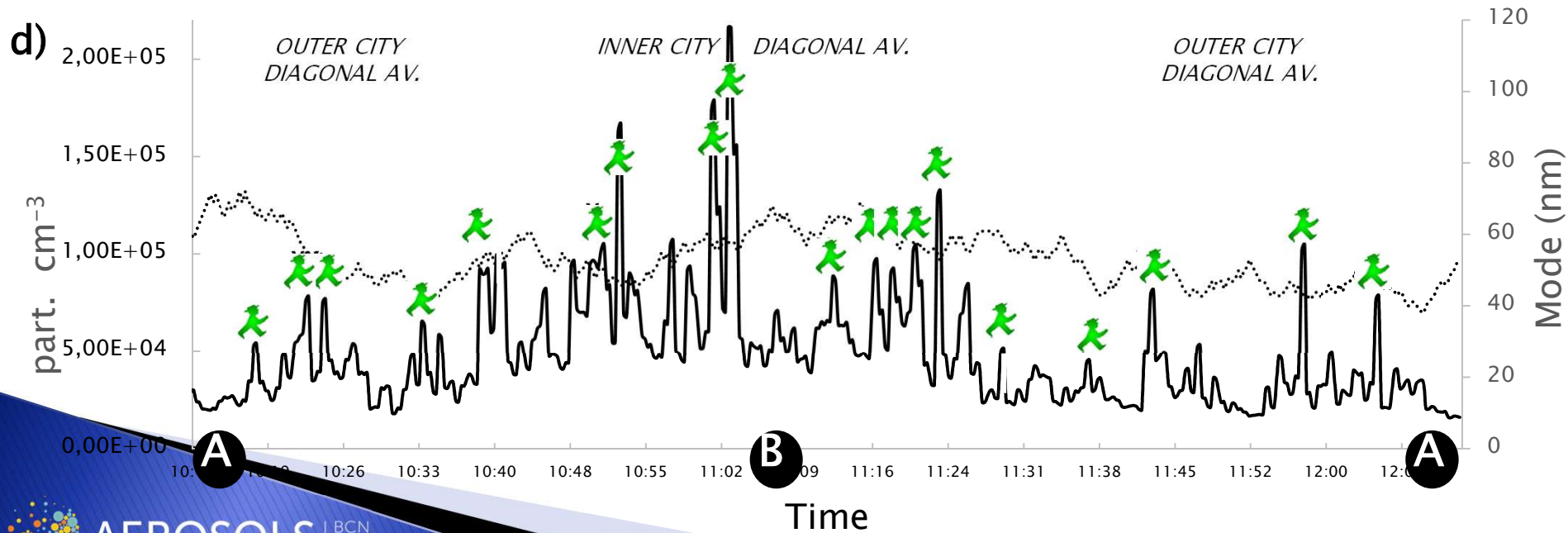
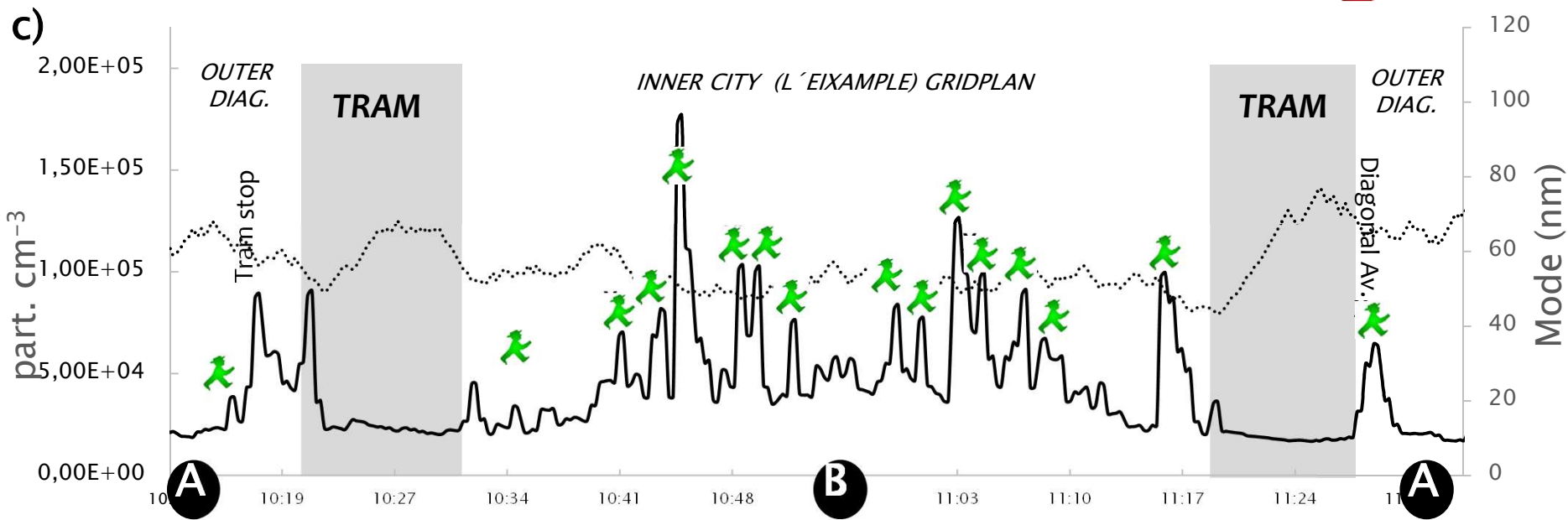
	WALKING											
	OUTER DIAGONAL			INNER DIAGONAL			CENTRAL GRIDPLAN			DIAGONAL TO LA RAMBLA		
	Mean	St. dev	Median	Mean	St. dev	Median	Mean	St. dev	Median	Mean	St. dev	Median
N	3.7 x 10 <sup>4</sup>	0.6 x 10 <sup>4</sup>	3 x 10 <sup>4</sup>	<b>5.9 x 10<sup>4</sup></b>	1.3 x 10 <sup>4</sup>	4.8 x 10 <sup>4</sup>	<b>5.4 x 10<sup>4</sup></b>	1.8 x 10 <sup>4</sup>	4.4 x 10 <sup>4</sup>	<b>5.4 x 10<sup>4</sup></b>	2 x 10 <sup>4</sup>	4.2 x 10 <sup>4</sup>

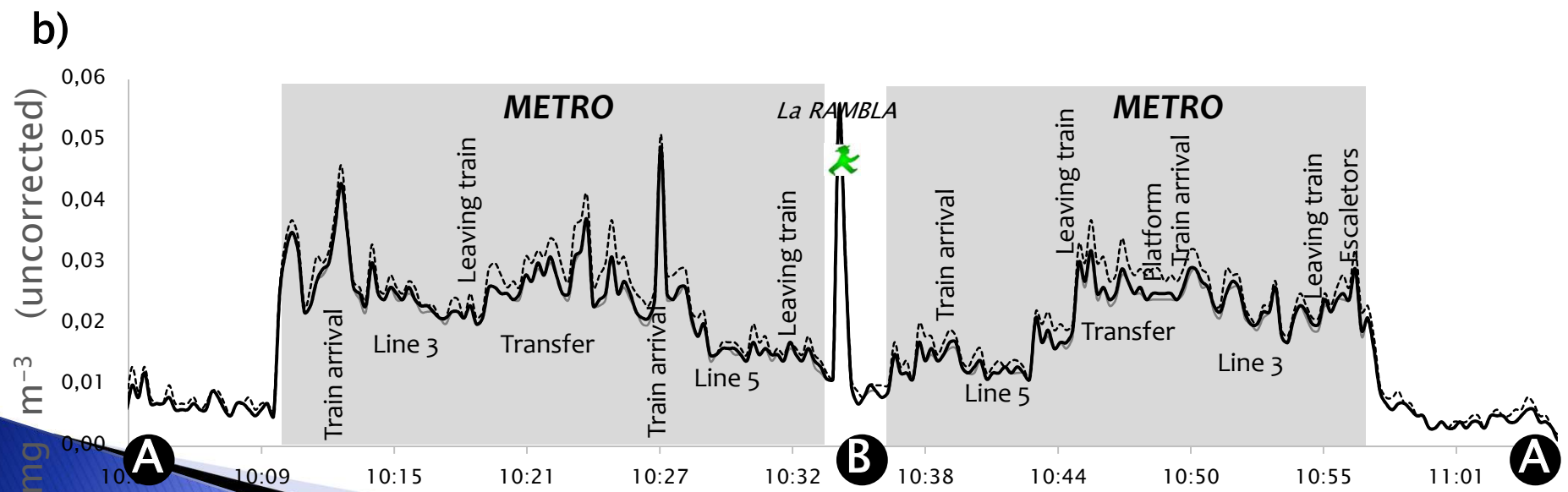
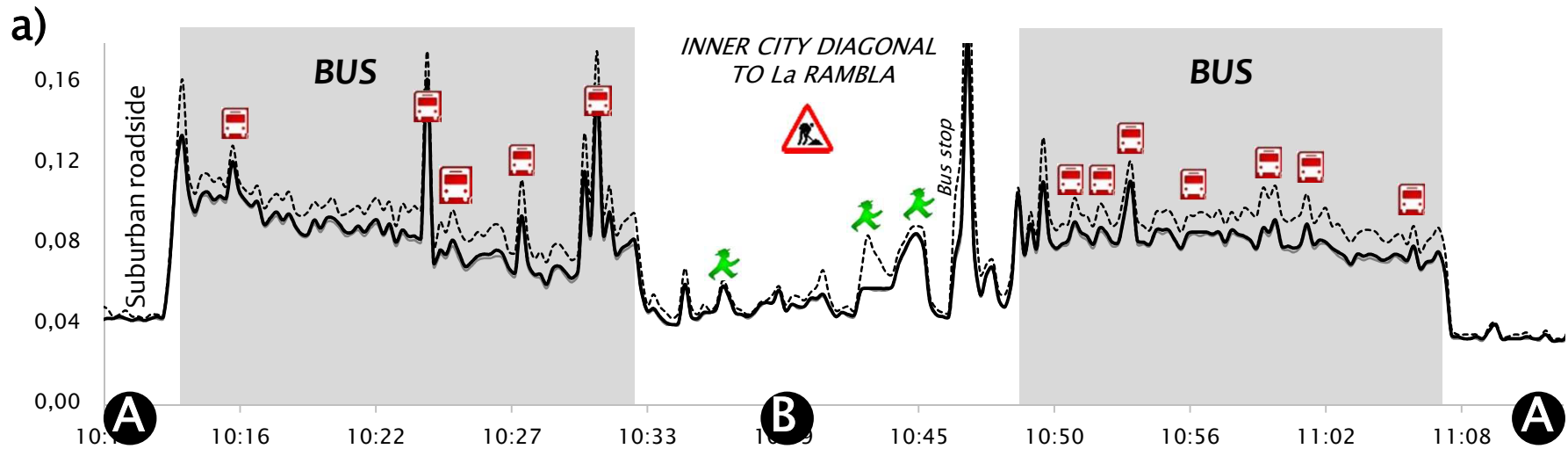


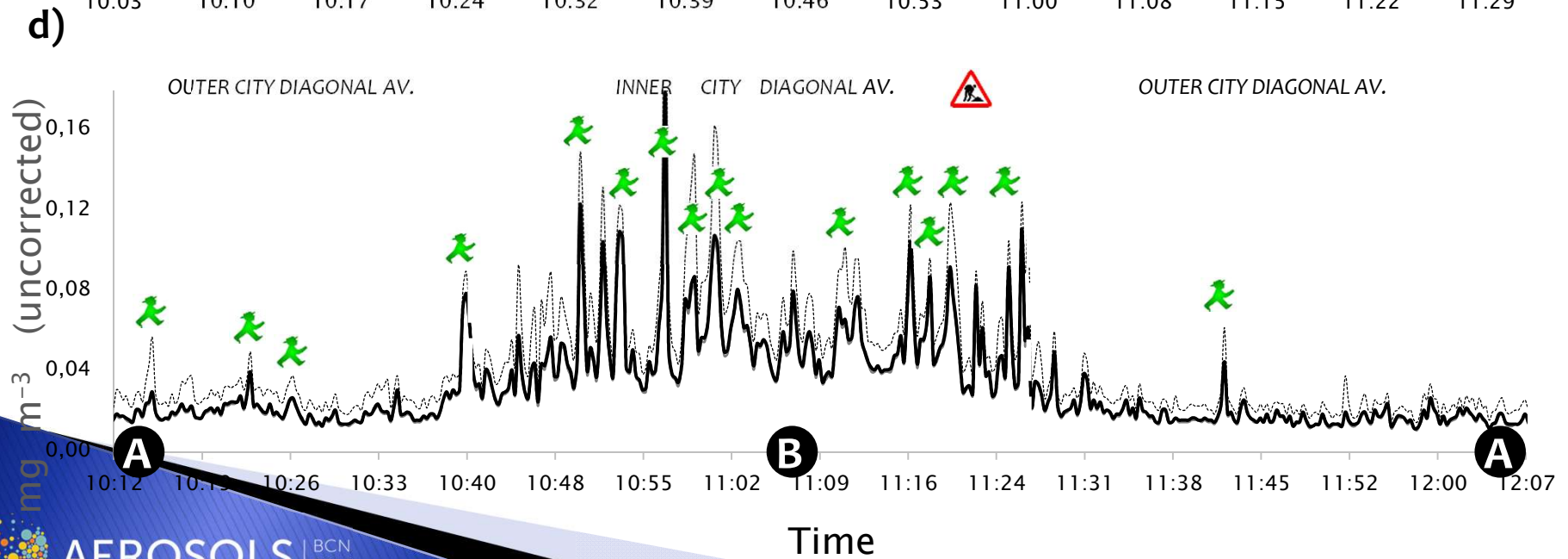
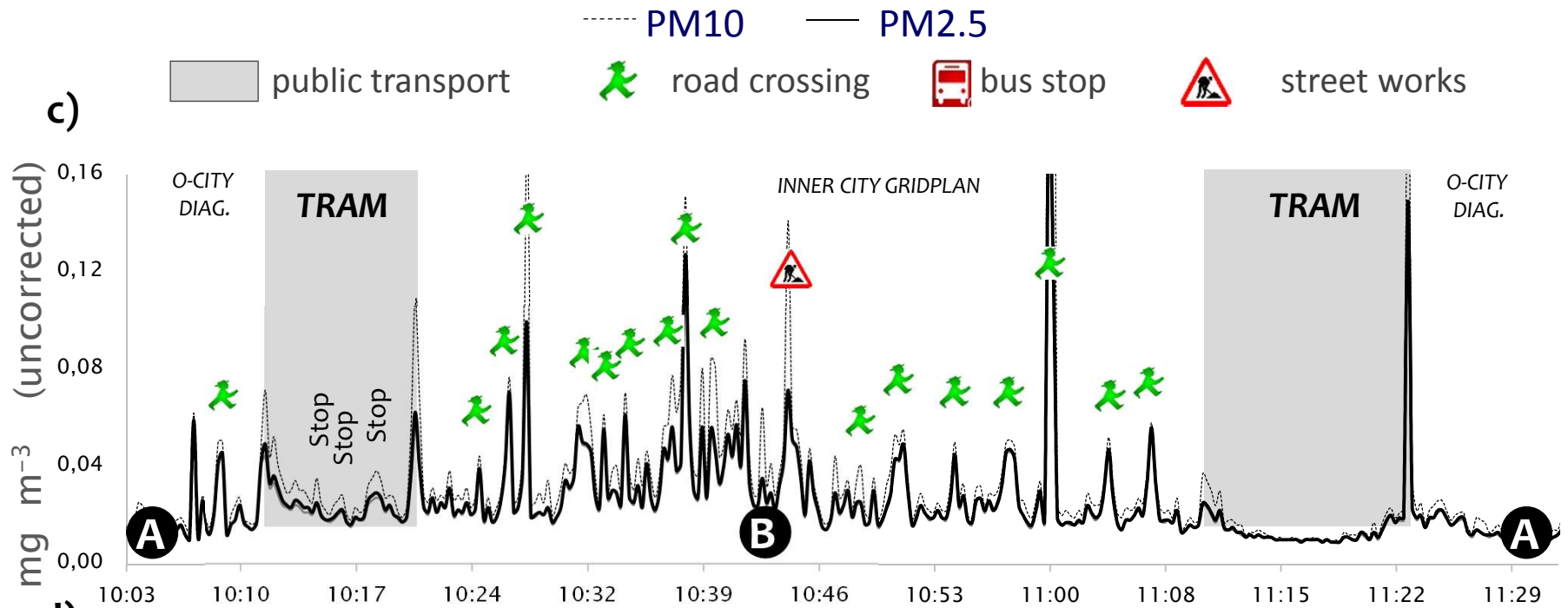
— PARTICLE NUMBER    - - - - SIZE MODE    public transport    road crossing    bus stop



— PARTICLE NUMBER    - - - - SIZE MODE    public transport    road crossing    bus stop









**BC (ng/m<sup>3</sup>)**

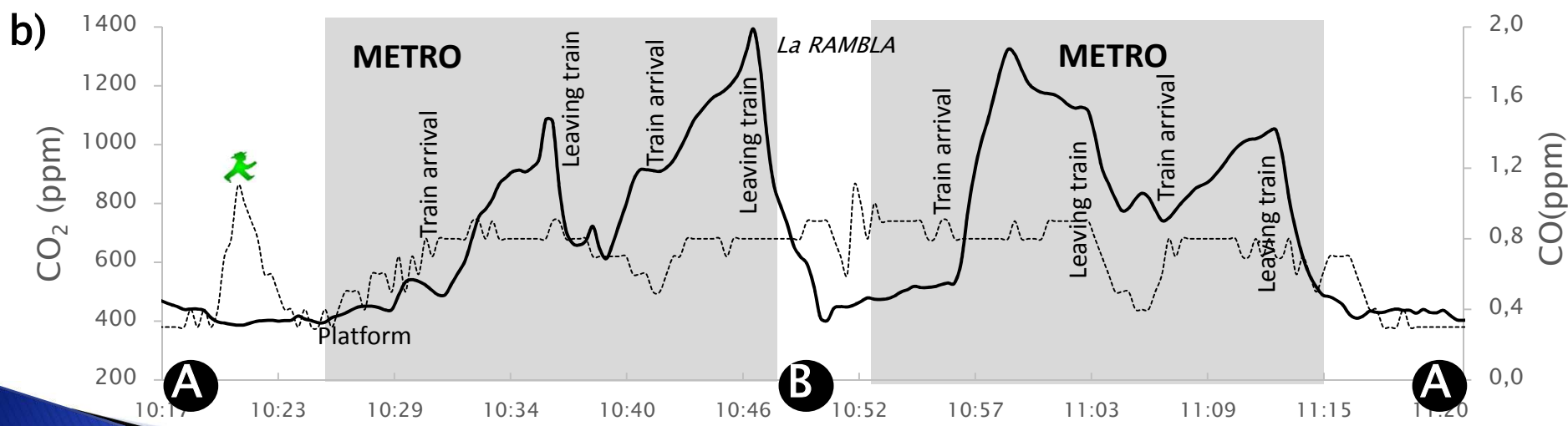
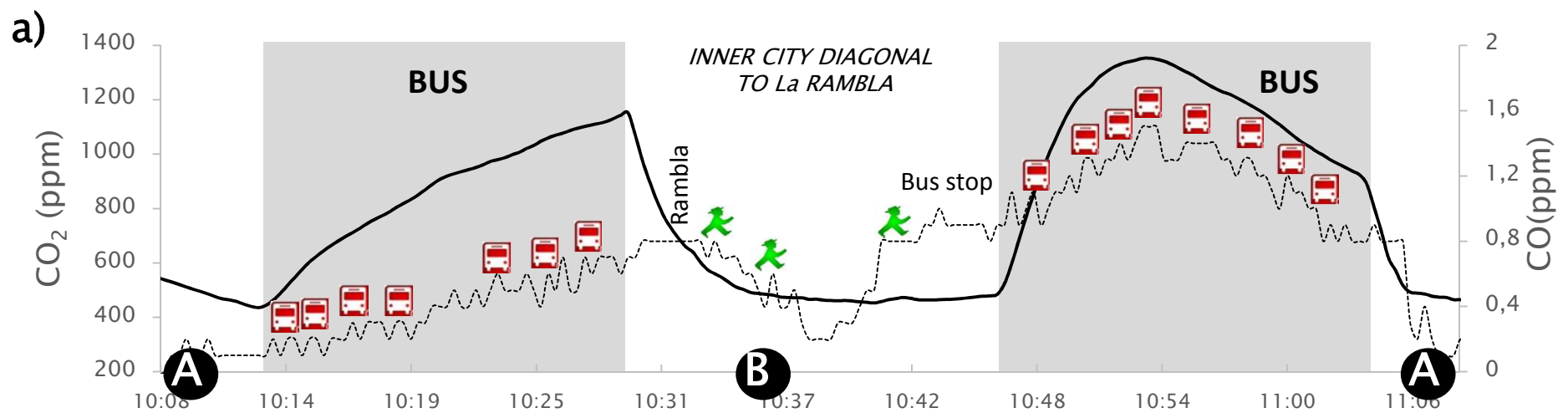
- 3415 - 5915
- 5915 - 8000
- 8000- 10115
- 10115 - 12885
- 12885 - 17285
- 17285- 26220
- 26220 - 49500

0 0.25 0.5 1  
Kilometers

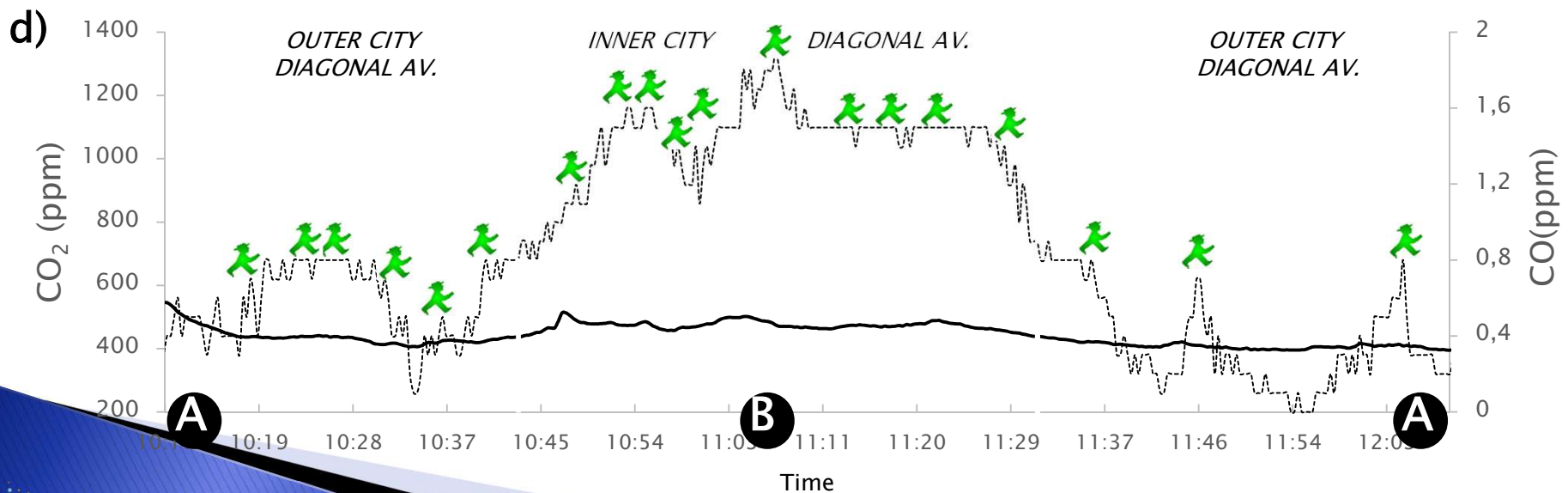
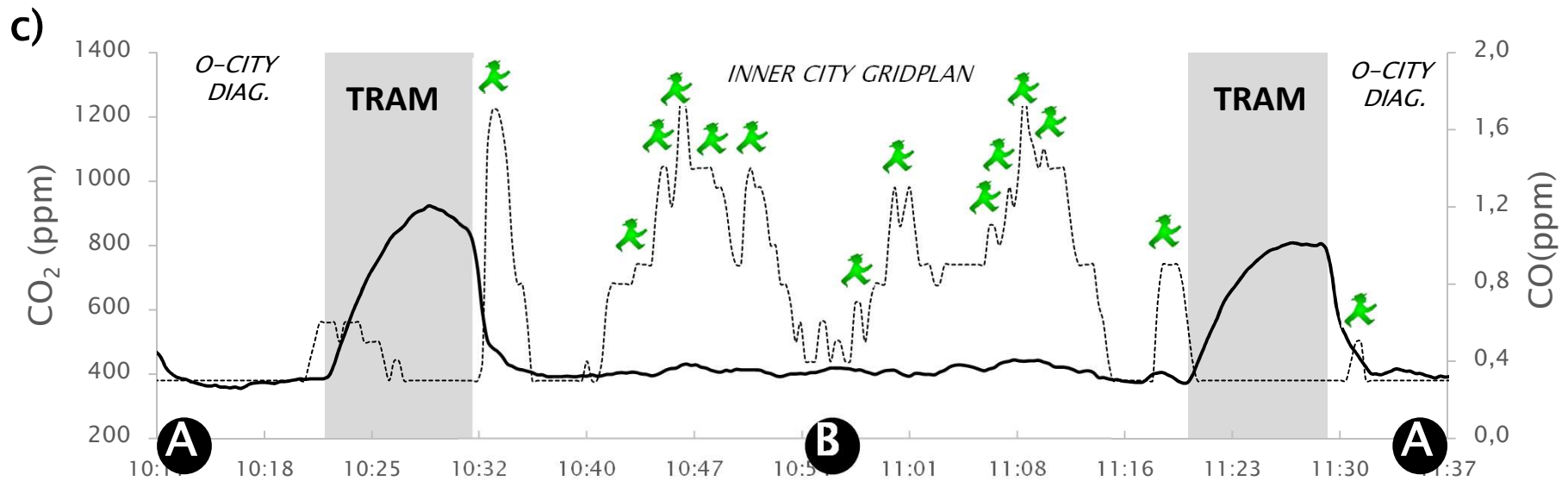
*walking*



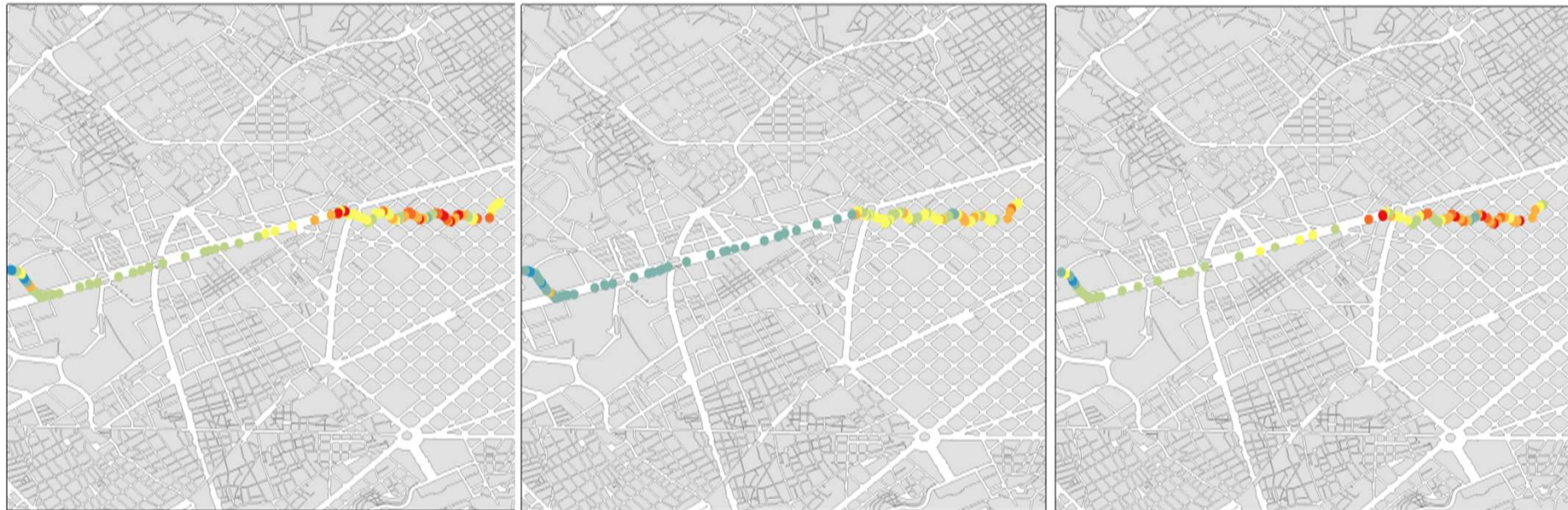
— **CO<sub>2</sub>**    - - - **CO**     **public transport**    🚶 **road crossing**    🚌 **bus stop**



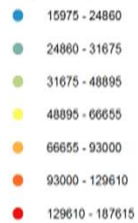
— CO<sub>2</sub>    - - - - CO     public transport     road crossing     bus stop



# TRAFFIC-RELATED POLLUTANTS

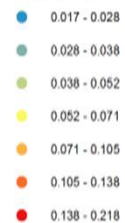


UFP (part/cm<sup>3</sup>) Return



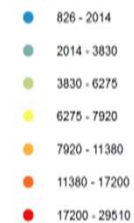
0 0.25 0.5 1 Kilometers

PM<sub>2.5</sub> (mg/m<sup>3</sup>) Return



0 0.25 0.5 1 Kilometers

BC (ng/m<sup>3</sup>) Return



0 0.25 0.5 1 Kilometers

*tram + walking*



# FILTER SAMPLES COLLECTED IN PARALLEL USING FOUR COMMUTING MODES

Time period	Transport mode	PM <sub>2.5</sub>	Transport mode	PM <sub>2.5</sub>	UB PM <sub>2.5</sub>
06-14/10	Walking	23	Metro	37	12
15-23/10	Walking	29	Bus	48	12
24-31/10	Walking	32	Tram+Walking	35	17
13-21/11	Tram+Walking	27	Metro	49	12
24/11-2/12	Metro	42	Bus	49	11
05-12/11	Tram+Walking	29	Bus	39	10

UB: Urban Background Site

# CHOICES IN COMMUTER EXPOSURE



Lateral brake pad

Front

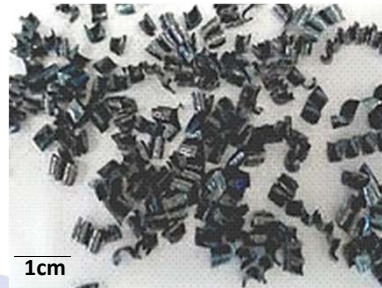


Cu catenary



2cm

Wheels

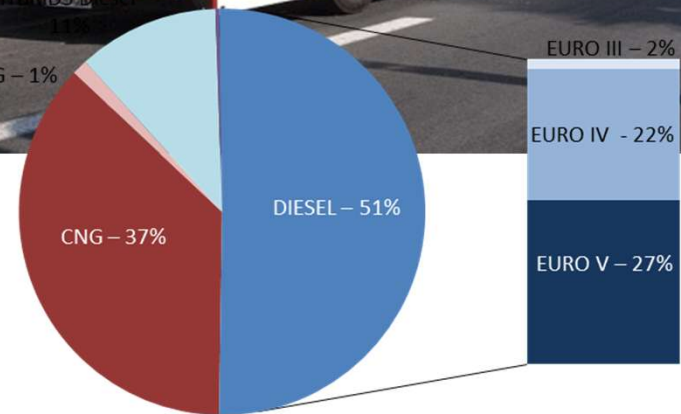


1cm



HYBRIDS CNG - 1%

ELECTRIC - 0,3%



# Implementing Methodologies and Practices to Reduce air pollution Of the subway enVironmEnt

01/10/2014 - 31/03/2018

The **objective** of the project is to provide to the local and national transport authorities of European countries the appropriate measures and strategies to reduce concentrations of inhalable particulate matter (PM<sub>1</sub>, PM<sub>2.5</sub> and PM<sub>10</sub>) and identify main chemical components in underground rail air.





**IMPROVE**



## PM SOURCES IN UNDERGROUND SYSTEMS





**IMPROVE**



LIFE13 ENV/ES/000263

Frontal brake pad



Lateral brake pad

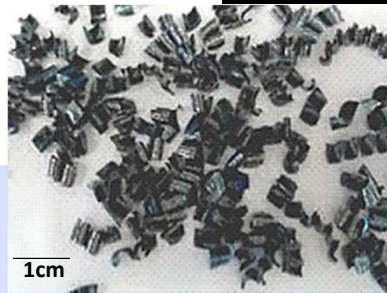


Cu catenary



2cm

Wheels



1cm

	BALLAST	CATENARY	BRUSHES	PANTOG.	BRAKES		RAIL	WHEEL
wt %					lateral	frontal		
C	<0,1	<0,1	95,4	78,7	24	40,4	0,8	0,50
ppm								
Al	83008	<0,1	0,03	719	529	22603	15	<0,1
Ba	591	10	28	85	14331	40002		0,1
Ca	23491	<0,1	0,1	1207	27857	35516		<0,1
Cu	35	950000	1000	197104	35436	193	160	1000
Fe	29705	9000	3000	1353	329000	17239	979595	980000
K	29221	<0,1	<0,1		83	2609		<0,1
Mg	9783	<0,1	<0,1	272	25800	43558		<0,1
Na	21952			1064	<0.01	3715		
S	163	<0,1	<0,1	3178	30800	17813	110	<0,1
Li	28				<0,01	7,5		
Ti	2716	53	28	43	60	1473	30	9,8
V	61	17	1	18	2,2	34	15	15
Cr	76	131	22	18	132	69	300	1173
Mn	646	40	1	16	3099	569	11300	7000
Co	5,2	1,4	<0,1	1,3	14,5	8,1		80
Ni	39	54	9,1	20	104	18	210	782
Zn	61	102	115	122	52220	10682		6
As	2,1	2,9	<0,1	2,9	22	4,9		51
Rb	112				0,8	8,0		
Sr	160	3,9	1,7	4,7	295	1905		<0,1
Cd					1,7			
Sn	2,9	0,9	15	2,9	15,3	3,1	20	95
Sb		12	4,9	30	3059	43	25	24
La	20				1,2	7,7		
Ce	43				0,9	16		
W	39	1,8	1,6		<0,01	1,8		91
Pb	17	2,4	4,2	8,6	1260	7,8		<0,1
Bi					1,6			



**IMPROVE**



LIFE13 ENV/ES/000263

# METHODOLOGY AND WORK PLAN



**Total Carbon**

**Organic**

**Acidic digestion**

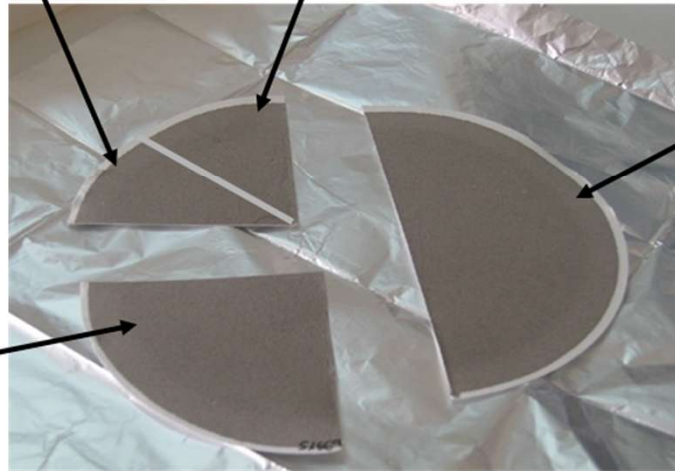
**Leaching**

**Ion Chromat.:**

$\text{NO}_3^-$ ,  $\text{Cl}^-$ ,  $\text{SO}_4^{2-}$

**Colorimetry FIA  
and ICP-AES:**

$\text{NH}_4^+$ ,  $\text{K}^+$ ,  $\text{Mg}^{2+}$ , ...



**ICP-AES:**

Al, Ca, K, Na,  
Mg, Fe, Ti, P

**ICP-MS:**

Li, Ti, V, Cr, Co,  
Ni, Cu, Zn, As,  
Se, Rb, Sr, Y, Zr,  
Cd, Sn, Cs, Ba,  
La, Ce, Pr, Nd,  
Hf, Tl, Pb, Bi, Th,  
U



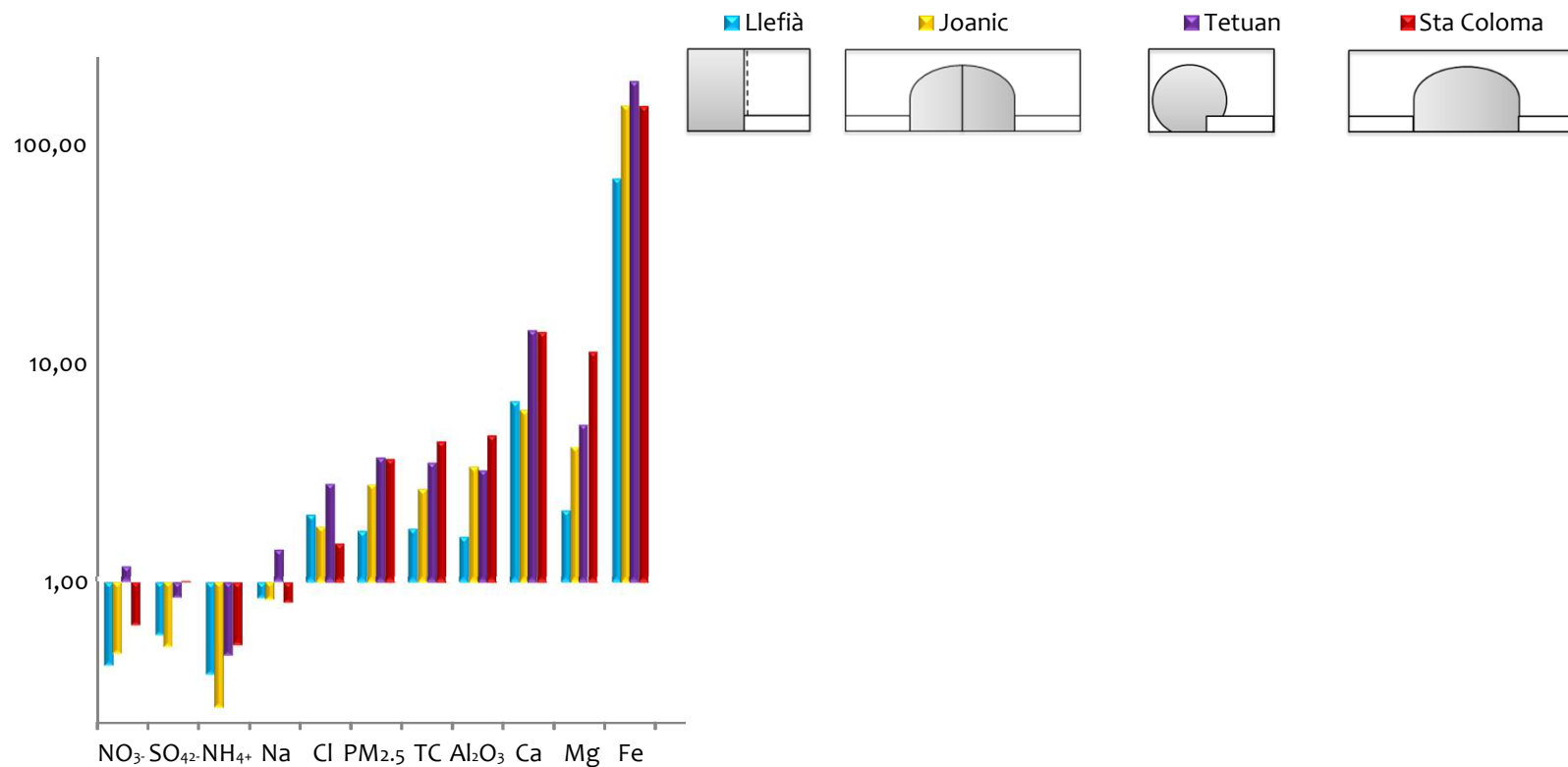


IMPROVE



# SUBWAY PM CHEMISTRY

## Subway/Barcelona outdoor

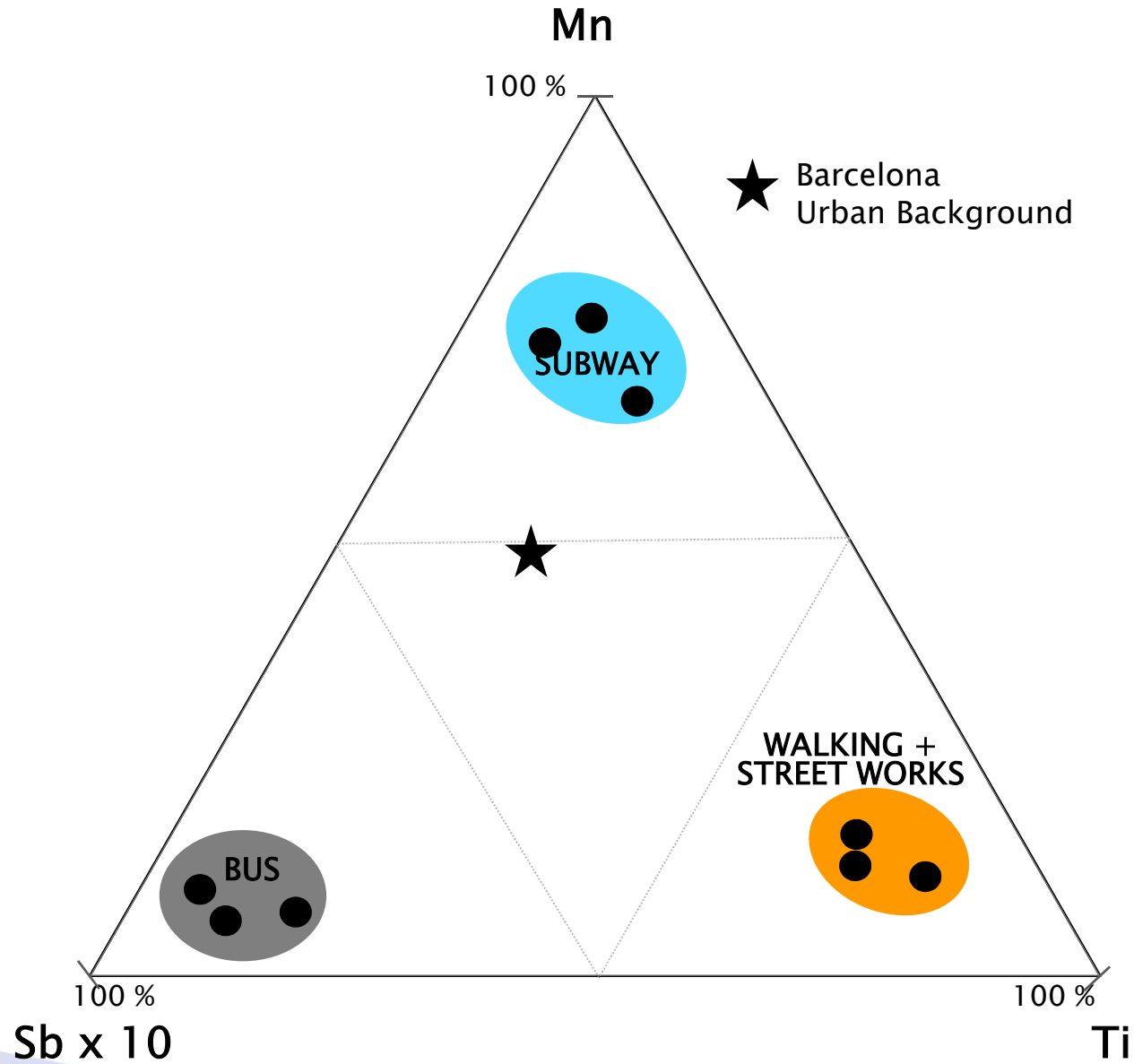


# PM<sub>2.5</sub> CHEMISTRY

AVERAGE (3 filters)				
Date	Walking	Metro	Tram + walking	Bus
$\mu\text{g m}^{-3}$				
PM <sub>2.5</sub>	27.8	42.6	30.6	45.2
Al <sub>2</sub> O <sub>3</sub>	1.2	0.2	0.01	0.2
Ca	1.8	1.1	0.6	1.2
Fe	1.1	13.3	0.7	2.2
K	0.5	0.7	0.9	0.6
Na	0.4	0.3	0.2	0.3
Mg	0.3	0.3	0.1	0.2
P	0.04	0.03	0.03	0.06
S	1.1	0.7	0.6	0.6

AVERAGE				
Date	Walking	Metro	Tram + walking	Bus
$\text{ng m}^{-3}$				
Ti	106.5	27.1	14.3	34.6
V	8.9	4.7	3.5	7.7
Mn	18.4	120.3	14.2	23.7
Co	0.7	1.5	0.3	< dl
Cu	36.2	112.0	24.9	170.6
Zn	101.6	179.8	53.0	130.2
As	2.0	1.0	0.5	1.9
Rb	0.9	1.1	< dl	1.1
Sr	5.2	14.3	2.9	4.2
Zr	7.7	13.3	< dl	32.4
Cd	0.2	0.1	0.3	< dl
Sn	5.8	5.4	3.9	5.7
Sb	2.0	2.5	0.7	24.1
Ba	23.1	494.6	19.8	59.9
La	0.5	0.4	0.5	0.5
Ce	1.2	0.9	0.6	1.1
Nd	0.3	0.2	< dl	0.2
Sm	0.7	1.1	0.9	1.0
Pb	8.8	7.5	6.6	7.1
U	0.9	1.0	1.2	1.4





# SCIENTIFIC SUMMARY

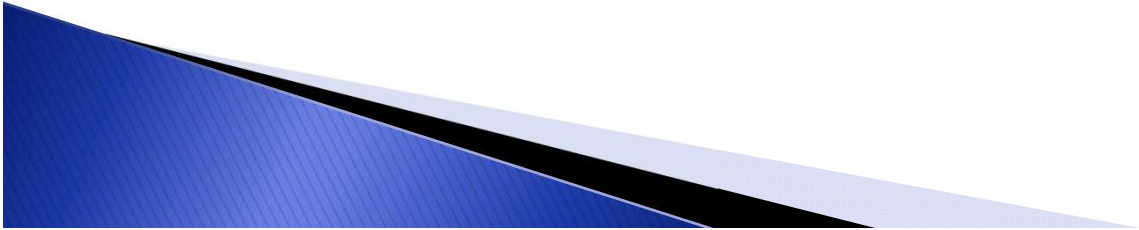
- The average N were lowest in subway trains ( $< 2.5 \times 10^4$ ) and highest in diesel bus or walking in the city centre trafficked streets ( $> 5.0 \times 10^4$ ). Pedestrians at busy traffic crossings are exposed to transient peaks reaching  $> 10^6$ .
- Subway particles display a size mode larger (90 nm) than in outdoor commuting environments ( $< 70$  nm).
- Regarding  $PM_{2.5}$  & BC, commuting using the tram appears to be consistently the cleanest form of city public transport when compared to bus and subway.
- CO concentrations (like BC) are good proxies for traffic contamination, whereas  $CO_2$  concentrations are an indicator of the number of indoor passengers on public transport.
- Urban roadside pedestrians can inhale more siliceous dust, whereas subway passengers inhale a more obviously anthropogenic PM mix enhanced in Fe, Mn, Zn, Sr and Ba. Bus air registered unusually high levels of Sb and Cu, probably contaminated mainly from the bus itself.

# TAKE HOME MESSAGE

- When we commute through the city the air pollutants we breathe vary greatly in concentration, number, size and chemical composition, depending on the route and transport chosen.
- The kinds of data presented here offer the urban traveller better informed choices to help understand differences in air quality to which they are exposed during the daily commute.

[teresa.moreno@idaea.csic.es](mailto:teresa.moreno@idaea.csic.es)



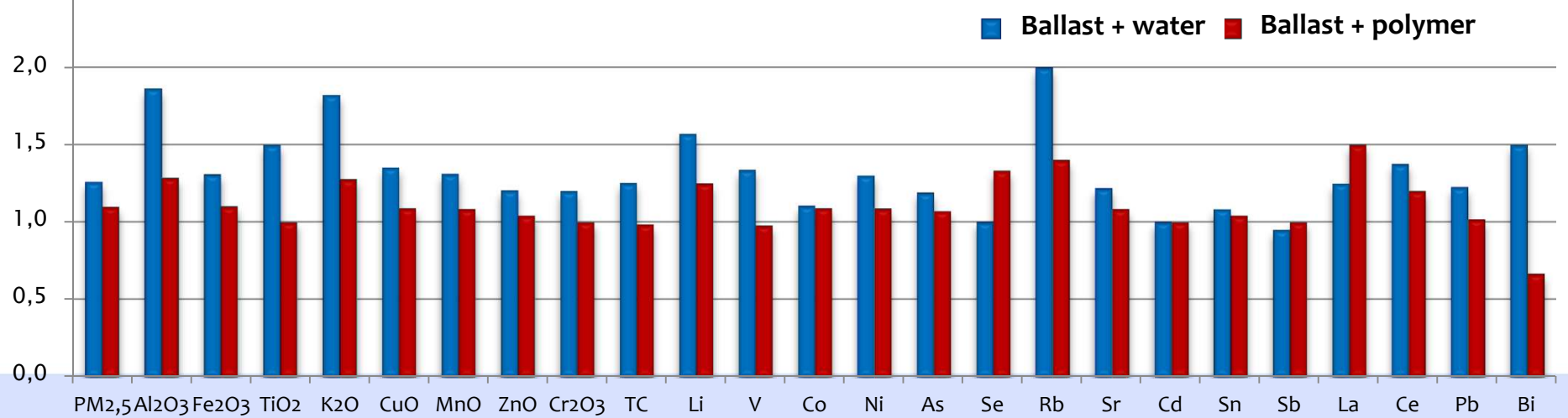
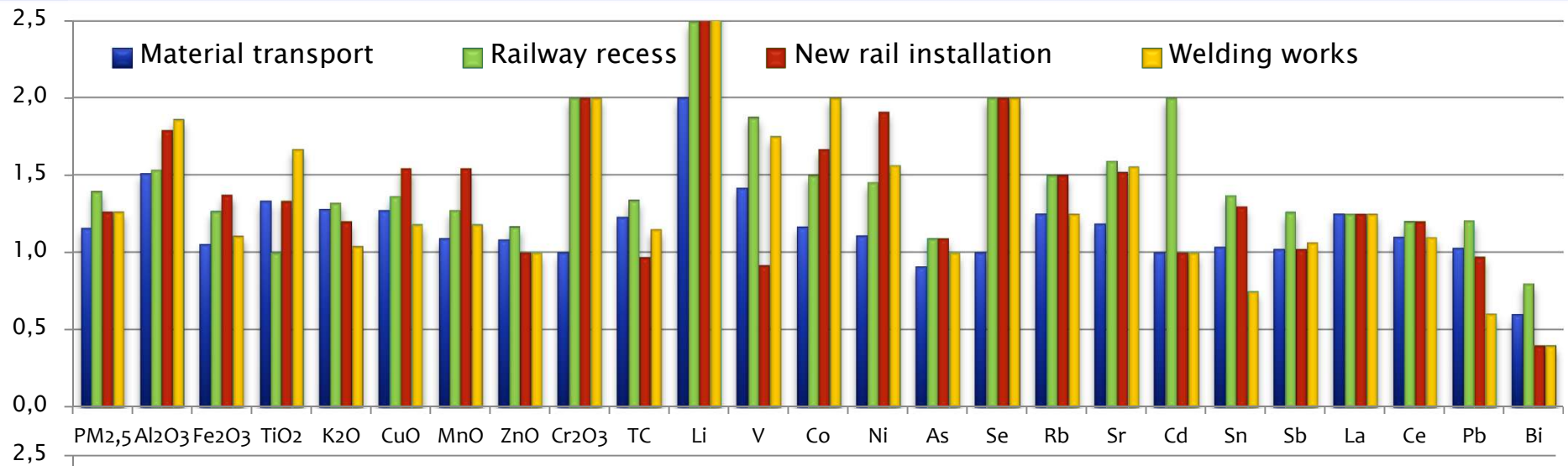




# IMPROVE



## MAINTENANCE NIGHT WORKS





# IMPROVE



## CHEMICAL COMPOSITION OF SUBWAY PIECES

Ballast (1),  
 Catenary (1),  
 Brushes (1),  
 Pantograph (3),  
 Brakes (4),  
 Rail (2),  
 Wheel (5)

	Balasto	Catenaria	Escobilla	Pantógrafo	Freno		Carril	Rueda
					Lat	Frn		
C			X	X	X	X		
Al	X			(X)		X		
Ba	(X)				X	X		
Ca	X			(X)	X	X		
Cu		X	(X)	X	X			(X)
Fe	X	X	X	(X)	X	X	X	X
K	X					X		
Mg	X				X	X		
Na	X							
P	X				X	X		
S				X	X	X		
Li						(X)		
Ti	X					X		
V				(X)				
Cr		(X)						X
Mn					X	X	X	X
Ni				(X)				X
Zn					X			
As								(X)
Rb						(X)		
Sr						X		
Zr						(X)		
Mo						X		X
Sb					X			
Pb					X			



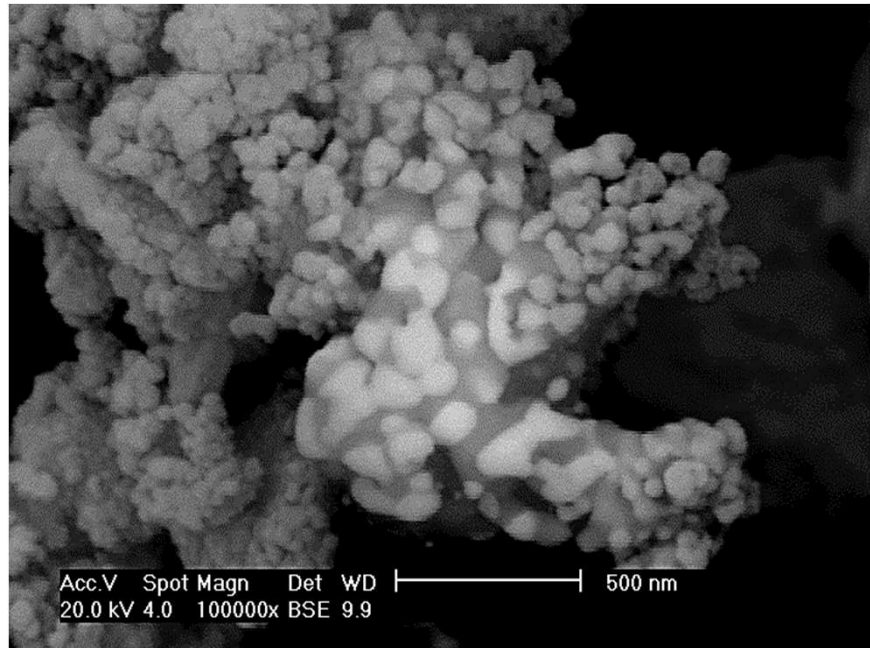
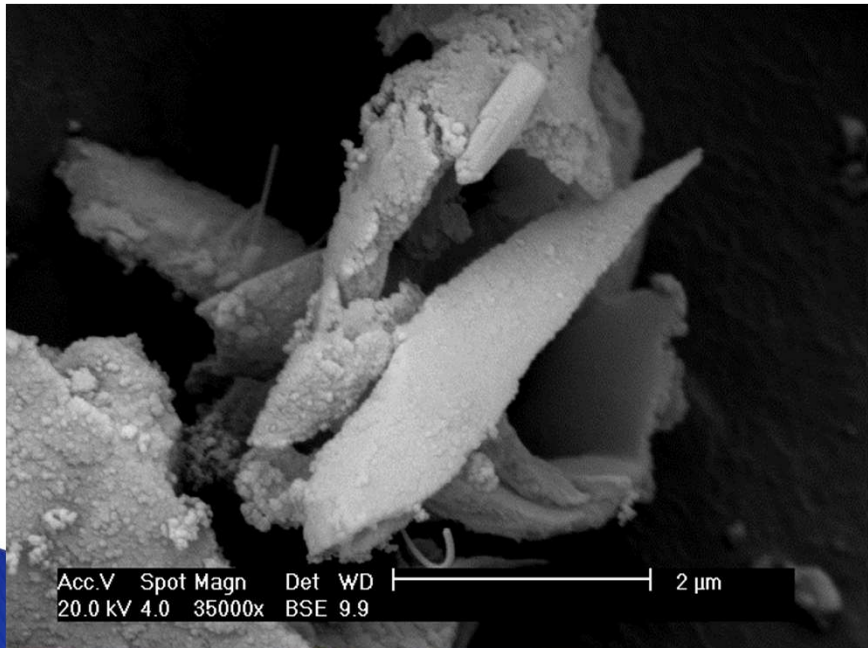
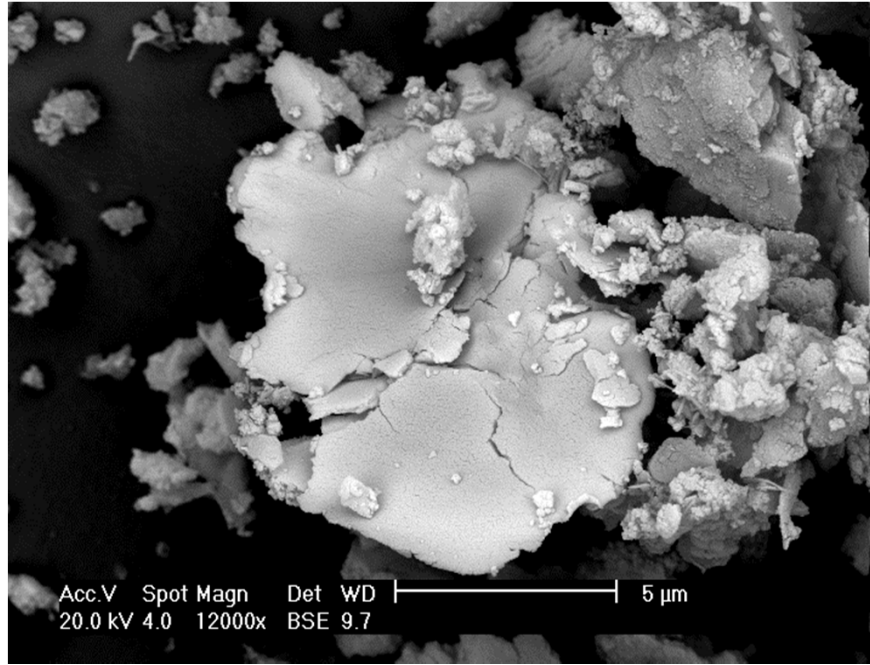
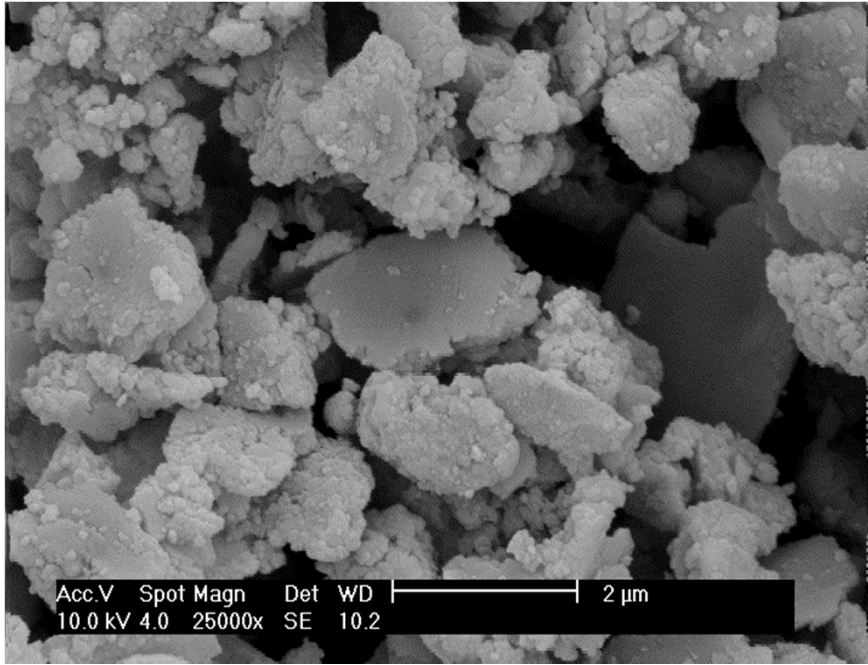


**IMPROVE**



## THE QUESTION OF AIR QUALITY IN UNDERGROUND SYSTEMS IS NOT TRIVIAL

- ✓ Underground subway systems worldwide transport > 100 million people daily
- ✓ Ambient PM<sub>10</sub> concentrations on platforms can be >> 50 µg/m<sup>3</sup>.
- ✓ Subway PM is extremely metalliferous and very different in chemistry from outside ambient air.

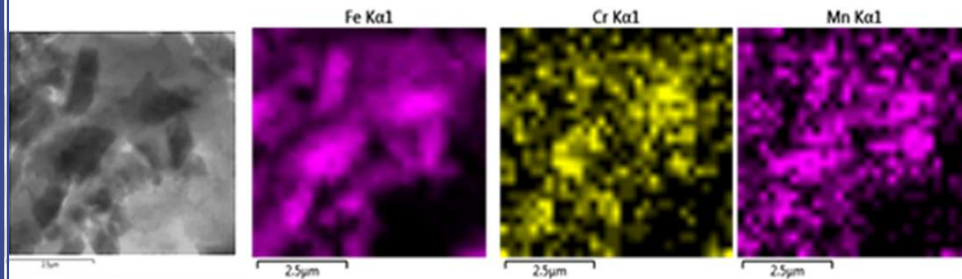




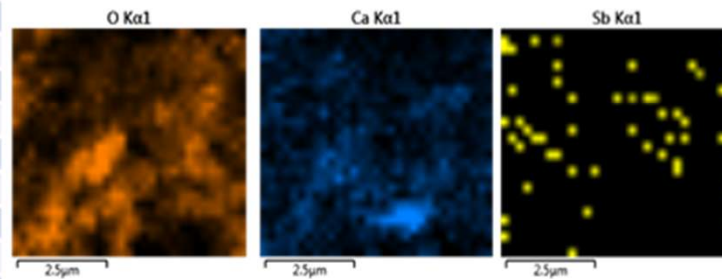
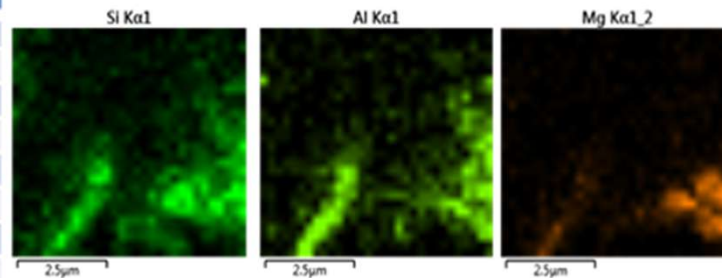
# IMPROVE



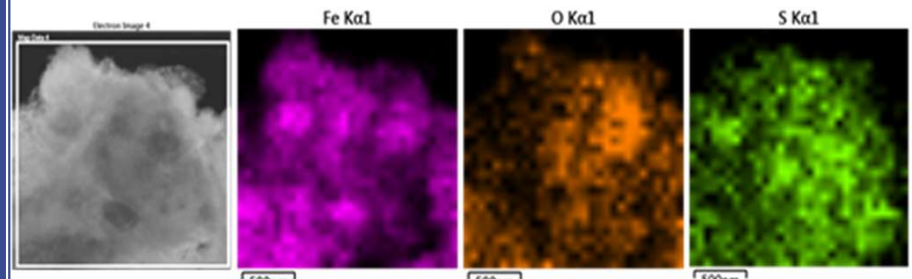
## RAIL/WHEEL



Element	Wt%
C	1.96
O	22.23
Na	0.86
Mg	0.92
Al	0.93
Si	2.54
S	0.56
Cl	0.59
K	0.86
Ca	2.35
Cr	0.35
Mn	0.65
Fe	64.69
Zn	0.05
As	0.08
Sb	0.39
Total:	100.00



## BRAKE PADS



Element	Wt%
C	11.06
O	15.12
Mg	1.41
Al	0.53
Si	2.31
S	4.34
Cl	0.76
K	0.39
Ca	2.14
Fe	42.11
Zn	0.99
Sb	0.28
Ba	18.56
Total:	100.00

